

## **Step One Prayer**

**... to experience powerlessness.**

**Please God, bring me into this process and give me a new experience of powerlessness and unmanageability, as well as of Your Power and Spirit.**

**Make it clear that I am fundamentally flawed in body and mind, as well as blocked spiritually. Also, please reveal that You are willing and will do for me what I can't do for myself. I want to surrender to You and this process. But I can't on my own power. You have taken me to a place of willingness and I have been given the willingness to be taken.**

**This is a gentle but definite process of awakening and awareness. I am willing to be led by Your Spirit – to have Truth revealed about me and about You.**

**The requirement for this spiritual evolution is complete, unqualified surrender of my self (ego) to You. On my own power this cannot happen. My self (ego) cannot submit. There is a quiet, gentle place where my willingness and Your Grace meet. I am willing to surrender and pray that You take me to that place.**

**Herb K.**