The Tree of Unmanageability

"the actor who wants to run the whole show" (pages 60-61).

Restless

IRRITABLE

Discontent

(page xxvi)

inability to be of real help to other people (page 52)

self-will and inconsiderate habits

run riot (page 62)

driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity (page 62)

living like a tornado running through the lives of others (page 82),

The Root

Selfishness & Self-Centeredness

trouble with personal relationships

not being able to control our emotional natures.

depression

misery

unable to make a living

full of fear

feelings of uselessness

unhappiness

leading a double life (page 73)

(Symptoms of the "Spiritual Malady" found in A A's Big Book)