Daily Progress Account Book

"God, please grant me the wisdom and courage to find...MY TRUE SELF."

The following guide will help the YES credits in this account;

"Easy Does It"
"First Things First"
"Live and Let Live"
"Let Go – Let God"
"Keep On Keeping On"

"Handle the situation, don't let it handle me."

THINGS THAT COUNT

Not what we have, but what we use;
Not what we see, but what we choose.
These are the things that mar or bless
The sum of human happiness.
The things near by, not things afar;
Not what we seem, but what we are.
These are the things that make or break,
That gives the heart its joy or ache.
Not what seems fair, but what is true;
Not what we dream, but the good we do.
Not what we dream, but what we give;
NOT AS WE PRAY, BUT AS WE LIVE.

MY DAY

<u>1. </u>	Today I will say a morning prayer, and ask for peace and guidance through the day. "Prayer is the
	greatest power on earth." YES NO
<u>2. </u>	Today I will be friendly, remembering I must first be a friend, to have friends. "Friendship is the
	road to happiness, for the joy of the world is found in the making of friends." YES NO
3.	Today I will be fair and honest in all that I do, and be able to say, "I'm honestly trying!" "I will be
	true for there are those that trust me; I will be pure for there are those that care." YES NO
4.	Today I will think and plan and work, because thinking is the source of power, work is honorable,
	and the price of success. "Success is failure turned inside out! You can never tell how close you
	are; it may be near, when it seems afar." YES NO
5	Today I will laugh and be pleasant, control my temper, and hold no resentments. "Today is too
<u>u. </u>	short to be wasted on unpleasant, selfish whining." "Anger is the wind that blows out the light of
	reason. Laughter is the music of the soul." YES NO
6	
<u>6.</u>	Today I will not tattle, gossip or say anything harmful about anyone. "Take time to be loved; it is a
_	god-given privilege." YESNO
<u>/.</u>	Today I will control and direct my mind, study how to win success, and leave nothing to "guess". I'll
	stick to what I've begun, and never leave it just half done! "My mind is my garden; my thoughts are
	my seeds. I will harvest either flowers or weeds." YESNO
8.	Today I will read and improve my mind. "There is much to be learned from reading; it is the
	foundation of wisdom." YESNO
9.	Today I will accept criticism with an open mind, and be honestly glad for the opportunity to improve
	myself. "Resentment is an ugly thing; anger, malice, worry and fear I'll rid myself of these, 'fore the
	end of day draws near." YES NO
10.	Today I will be responsible for my own acts, not "alibi", blame others, or "show-off" to cover up my
	weaknesses. "A good sport endures defeat and disappointments without whining or complaining;
	he is not given to boasting or "showing off" in unacceptable ways; he is honestly glad when others
	enjoy success or good fortune." YES NO
11	Today I will be open-minded, and listen thoughtfully to the opinions of others. I will not be a chronic
	"fault-finder". "Faith, gentleness, humility, truth, patience and selfless love, are specimens of
	seedlings rare, approved of God above." YES NO
12	Today I will say a prayer of thanks, and enjoy the simple blessings of this day. "Of faith, hope,
14.	courage and peace, of self-respect, clean conscience, and self-confidence, for friendship, for love,
	and understanding, and for the freedom of a happy life." YES NO

IF I DEPOSIT: 6 YES - I am trying, 8 YES - I am improving, 10 YES - I am on the way, 12 YES - My fortune is within me.