

An AA's Prayer

My Creator, thank You for this day and for my sobriety.

I am powerless over alcohol, but through AA I have come to believe that You can restore me to sanity.

Therefore I give into Your care my will and my life, as well as my alcoholism.

And I give into Your care all my defects of character: anger, pride, envy, greed, lust, gluttony, laziness and fear.

I long to be rid of them but am unable to do so by myself and humbly ask that You help me.

I am mindful today of the harm my disease has caused others and whenever it is Your will for me I am ready to make amends to them all.

And I pray to be aware of my wrongs this day that I may make amends promptly.

The serenity of conscious contact with You my God is mine in every moment. My every need is met. I ask only for knowledge of Your will for me and the power to carry that out.

If You should choose to help another alcoholic through me I will be grateful for it is a blessing to share the joys of sobriety.

And I hope to be of love and service to all my fellows and to carry out the AA principles in everything I do.

Anonymous