Date				_
see.				

When doing this inventory, look at your thoughts, words and deeds as if they are being displayed on a screen for all

Then ask yourself: "How would they be generally viewed How have I fallen short in what I think, say or do? Be specific.

ABSOLUTE HONESTY	ABSOLUTE UNSELFISHNESS	ABSOLUTE LOVE	ABSOLUTE PURITY
Is it true or is it false? Was I absolutely honest with myself or did I rationalize? Did I twist a meaning, misquote, exaggerate or misrepresent a point to make an impression or gain an end? Was I loose with the truth? Are there any conditions under which I will or do tell a lie? Can I be depended on to tell the truth – no matter the cost? Can I be absolutely trusted in money matters? In my work? With other people's reputations? Are there any areas of my life where I am not dealing with reality or the truth?	How will this affect the other fellow? Was I willing wherever possible to help others who needed my help expecting nothing in return? What did I live for – myself, my own position, money, place, power? Or were my powers at the disposal of another's need? At the disposal of our Creator's Work? What controlled my actions – self-interest or God-interest? In the depths of my spirit, who got the final word? Was I self-directed or God-directed? Also, were there any laws or rule that I thought didn't apply to me? Is there anyone who I came into contact with today or anything about life in general that I think needs to change?	Is it ugly or is it beautiful? Love is the will to extend ourselves for the purpose of nurturing our own or another's spiritual growth. Were any of my actions motivated by fear? Did I make a decision to be loving in all my affairs? Was I easily offended? Did I lose my temper? Was I quick to sense slights? Or did I take the attitude of love, which refuses to be offended? Was I always compassionate and nurturing toward myself?	Is it right or is it wrong? Were my motives pure in my thinking and in my actions? Did I maintain purity of mind, a body and of purpose in everything I did: my conduct in business, in work and play, my us of possessions, my attitudes toward relations with those I'm sexually attracted to, friends, acquaintances, as well as in my habits. Did I manipulate, seduce, pre-program or project hidden agendas onto anyone or anything?
	to change:		