

## A SPIRITUALITY WORD LIST

This is something that was put together by a friend we shall call John. It may have the slant of his personal understanding but he took many definitions out of three texts which he had on his desk: Henry Drummond's "The Greatest Thing in the World", Emmet Fox's "The Sermon on the Mount", & Osho's "Tao, the Pathless Path." May it serve to be helpful & perhaps be a tool to meditate on or make you think.

Acceptance = Grace under fire; Freedom; The way to serenity and peace of mind;

Compare: Surrender

Alone = With God; Compare: loneliness

Anger = Comes from fear; When I am angry with people I make them part of my life

Attitude = Choice of thought; I own my attitude; Compare: Free will

Beauty = Truth glimpsed; When truth is seen through screens

Being = What I am rooted in; Just be and let be; Centered

Bliss = My nature; What I am made of

Confidence = Trust; Buoyancy; I float

Consciousness = Witnessing the being

Consolation = Rationalizing one's situation; It is not contentment; Compare:

Psychoanalysis

Contentment = When I am simply and totally within myself - rooted, centered;

Comes not from rationalizing, but from realizing

Courage = Fear that has said its prayers

Disease = Something untreatable; Don't treat the disease - treat the person

Ego = The idea of separation; If I am with my ego, I am not "on the path"(Tao), not "on the beam"(AA); An absurdity, since all is connected

Experience = The outer expression of inner thought

Fear = The opposite of love; Terror

Faith = The bird that feels the light, when dawn is still dark

Forbearance = Tolerance, patience, mercy

Forgiveness = What I must give to myself, before I can give it to others

Free will = Our free will lies in our choice of thought; Compare: Attitude

Generosity = Love has no envy

Get it = I was not there and suddenly it over-flooded me

God = It; It is LOVE; It created us; It is in you, in me, everywhere, always; Its riskiest venture was to give each of us an ego and a free will; It is perfection in all attributes of love

Great possessions = Preconceived ideas; Spiritual pride; Bad habits; Things that weigh us down; Compare: Set-aside prayer (AA)

Growth = He that is not busy being born is busy dying, meditating on the thought "what could I have done better"

Guileless = Think no evil

Happiness = Joy; Don't worry, be happy; Peacefulness; Like the breathing; Like the beat of the heart; An inner flow; Life + awareness; There is no cause for happiness

Harmony = God likes us when we work together - he loves us when we sing together

Holiness = To be with the whole

Humbleness = What I must never acknowledge in myself

Humility = To know my place; Love does not glorify itself; God is the doer, not me

Humiliation = To be put in my place

Humor = Tolerance and compassion, with a smile

Integrity = When all fractions are integrated harmoniously in the whole

It = God; Higher power

Joy = Comes from being; From being rooted; Never from comparison

Kindness = In kind; Do unto others, as...; You can never do a kindness too soon, because you never know how soon it will be too late

Law of life = Blessed are the merciful (in deed and thought), for they shall obtain mercy  
Law of Universe = What I think in my mind, will produce in my experience; As within, so without  
Life = A situation to learn what death is; Comes only through being, never from having  
Loneliness = Without God; Isolation; Compare: Alone  
Love = God; The greatest thing in the world; Its full spectrum: Patience, Kindness, Generosity, Humility, Courtesy, Unselfishness, Good Temper, Guilelessness, Sincerity  
Meditating = Chopping wood; Carrying water; Cooking food; Be in the flow  
Meek = Open-mindedness + Faith in God + A perfect willingness to allow the will of God to come about; "Meekness compels God himself"  
Mercy = Compassion  
Need = Nothing is needed; Just allow it and it will start pouring into me  
Now = The only reality; Life; The journey  
Nunc Copei = Now I begin; Not what I did yesterday; Not what lies tomorrow; Just for today; Compare: One day at a time (AA)  
Open-mindedness = Tolerance; Curiosity  
Patience = Forbearance; Tolerance; Peacefulness  
Poor in spirit = To have emptied myself of all desire to exercise my self-will, and to have renounced all pre-conceived opinions in the wholehearted search for God. Compare: Set-aside prayer.  
Psychoanalysis = Consolation; Places to hide; Placing blame; Finding the why as opposed to finding the solution  
Reality = The now; To be far from reality is to substitute thinking for being in the now  
Rebellion = Non-conformism; Rising  
Regret = Could have-Would have-Should have; Remorse; Inability to let go; Egotism  
Righteousness = right conduct and right thinking  
Seed = All the flowers of all the tomorrows are in the seeds of today  
Self-glorification (real) = The Father (It) in me, He (It) does the work  
Serenity = Peacefulness ; Inner stillness ; Compare: Acceptance  
Set-aside prayer = I ask God to set aside my pre-conceived ideas (AA); Compare: Poor in spirit; Great possessions  
Sincerity = Rejoicing in the truth  
Spirituality = Reverence for the greatest whole, that of which all else is but a fragment  
Surrender = Laying down my arms, and opening my arms, in acceptance and freedom  
Teaching = Not possible; Only learning is possible; Compare: Lead a horse to water . . .  
Terrorist = One who aims at replacing love with fear  
Theology = A human invention; Something which Jesus definitely did not teach, whatsoever; It is nowhere to be found in the bible  
Tolerance = Open-mindedness; Compare: Humor  
Truth = Naked beauty  
Unselfishness = Kind and generous in deed and thought  
Vitality = Shows not only in the ability to persist, but also in the ability to start over  
Volcano = A person who needs to feel superior to feel good, carries a volcano within him  
Willfulness = Pig-headed, obstinate, stubbornness

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